

Coping with the Holidays and other Family Traditions

Tuesday, December 6th, 2015

1:30 pm to 3:00 pm

Hospice Niagara, 403 Ontario Street—Unit 2, St. Catharines

The holidays can be a difficult time for those who have lost a loved one.

Please join us for a seminar designed to help you cope during the holidays by learning meaningful strategies.



*Contact Sandra Freda, Administrative Student to confirm attendance
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E: sfreda@hospiceniagara.ca*

Please Note:

- Hospice Niagara is a scent free facility
- Park at the Church for Christ located beside Hospice Niagara
- Hospice Niagara is on the bus route.

Serving Families in Niagara

Hospice Niagara - The Stabler Centre
403 Ontario Street, Unit 2
St. Catharines, ON L2N 1L5



Hospice Niagara - Welland Office
555 Prince Charles Drive
Welland, ON L3C 6B5

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