

# Swing Hard to Live Strong

This tournament raises money to support much-needed hospice palliative care programs and services.

PROVIDED BY HOSPICE NIAGARA

Last June, under the cover of a golden sun and with a fresh breeze, nearly 150 golfers descended on the beautifully manicured Thundering Waters Golf Club for Hospice Niagara's Swing Hard to Live Strong Golf Tournament. This tournament raises money to support much-needed hospice palliative care programs and services in the area.

As the population ages, home and community care are becoming especially important as people want health care as close to home as possible. Hospice Niagara's services include providing palliative care in client's homes, working in partnership with family physicians, and visiting nurses and their primary care providers.

Ruth Unrau, a small business Focus Coach, Chair of the Greater Niagara Chamber of Commerce's (GNCC) Women in Niagara Business Council and GNCC Board Member, played with three friends at last year's tournament. She reflects that the golf tournament meant more to her than just a fun-filled day on the links. "The services and programs that Hospice Niagara provides are so very valued in this com-

munity," says Ruth. "Sadly it often isn't until we have a loved one who needs end-of-life care or bereavement support that we fully understand the importance of the organization and the meaningful work that it does."

Hospice Niagara receives approximately 60% of its funding from the government. The rest—approximately \$900,000 net—is raised annually through events and donations. Carol Nagy, executive director at Hospice Niagara says, "This golf tournament is just one way that Hospice Niagara covers its funding gap to provide palliative care services to those who need it throughout the Niagara region. The tournament sold out last year and golfer registrations are already streaming in."

"The golf tournament gives me an opportunity to participate in a community building initiative that raises money and awareness for Hospice Niagara," adds Ruth. "Enjoying a beautiful golf course and having a ton of fun with good friends is a bonus."

Whether you swing a 9 iron regularly (or your skills are better used for driving the cart), you don't want to miss this year's tournament. For just \$150 (which includes a \$50 charitable receipt), each golfer will enjoy a



Kirsty, Martha, Ruth and Mary, AKA The Mulligan Sisters

very full day of fun. It makes a great Mother's or Father's Day gift!

The Early Bird registration deadline is May 16th and includes a chance to win a gift certificate for a foursome at Thundering Waters. Final registration deadline is June 10th. Golf tournament is on Friday, June 24th.

### About Hospice Niagara

The organization focuses on improving the quality of life for people living with life-limiting illnesses, death, dying, grief and loss. Through a variety of programs and services, Hospice Niagara is able to provide compassionate comfort and support to families throughout the care continuum. Programs and services are offered at no cost to clients and include:

- **Day Hospice:** Clients living with a life-limiting illness enjoy a day of caring, friendship, entertainment and relaxation in a comfortable setting, enabling caregivers a day of respite.

- **Residential Hospice:** The Stabler Centre in St. Catharines provides quality hospice palliative care in a home-like setting for residents of Niagara.

- **Visiting Volunteers:** Trained volunteer provide non-medical support and comfort for clients living with life-limiting illness.

- **Community Palliative Care Teams:** Teams work in partnership with primary care providers including family physicians and visiting nurses to provide clients with consistent and comprehensive care in client's homes.

- **Bereavement Support Programs:** Programs are geared towards children, adolescents and adults who are grieving the loss of a loved one. **BL**

To register, visit [hospiceniagara.ca/golf](http://hospiceniagara.ca/golf), call us at 905.984.8766, ext 231 or email [golf@hospiceniagara.ca](mailto:golf@hospiceniagara.ca).



**Hospice Niagara's  
Swing Hard to Live Strong  
Golf Tournament**

THE 7th ANNUAL DEBORAH ROBERT MEMORIAL

**FRIDAY, JUNE 24, 2016**

**Thundering Waters Golf Club**

**Registration: 10:00am • Shotgun Start: 11:30am**

- 18 holes with cart
- Lunch & dinner
- Welcome gift, sampling & contests
- Prizes, raffle, silent auction & more

**Early Bird Deadline - May 16**

Register early for a chance to win a gift certificate for a foursome at Thundering Waters Golf Club. Registration deadline June 10.

**[hospiceniagara.ca/golf](http://hospiceniagara.ca/golf) • 905-984-8766 • [golf@hospiceniagara.ca](mailto:golf@hospiceniagara.ca)**

**\$150 per golfer**  
((\$50 charitable tax receipt))

Serving Families in Niagara



#hngolf




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