



Professional Support Services in the Niagara Region

COMPILATION OF PROFESSIONAL SUPPORT SERVICES WHO ARE MEMBERS OF GRIEF NETWORK NIAGARA

Angel G Graham, Clinical Social Worker

Individual Grief counselling service for children, adolescents, adults and families.

Cost: Fee for service

Contact: Angel G Graham, 905-246-2261, angelggmsw@gmail.com

(ATTCH) Attachment and Trauma Treatment Centre for Healing ~ www.attch.org

The Attachment and Trauma Treatment Centre for Healing (ATTCH) provides quality trauma and attachment assessment and treatment, clinical supervision, and evidence-based trauma-informed training. ATTCH staff includes cross-disciplinary services to allow for comprehensive assessment and treatment. Services are available for all ages, including early intervention/ prevention supports for young mothers or individuals who may be at an increased risk for future difficulty.

Cost: Fee for service.

Contact: Lori Gill, Certified Trauma Specialist, Trainer, Consultant & Supervisor, The National Institute for Trauma and Loss in Children, 905-684-9333(main) 905-684-6217(fax), lori@attch.org
New location address – 95 Niagara St. St. Catharines L2R 4L3

Geoff Straw

Geoff is a Registered Psychotherapist with 26 years experience in assisting individuals who are experiencing grief and loss, end-of-life and other changes and life transitions. His client centered approach includes teaching mindfulness to reduce stress, anxiety and to facilitate increased awareness and insight.

Cost: Fee for Service

Contact: Geoff Straw, 905-685-8605, gwstraw@sympatico.ca

Joan Worthington - www.consultworth.com

Stress and Relationships. Forty-five years of registered counselling experience, 25 years in hospitals and home care helping chronically ill people and their families. Offices are in St Catharines and Niagara Falls. Hours are flexible.

Cost: Fee for Service - Insurance reimbursable fee for service through most carriers.

Contact: Joan Worthington, MSA, RSW, at (905) 937-9706 or consultworth@gmail.com

Lori Gill Psychotherapy – Holistic Wellness for Health ~ holisticwellnessforhealth.com

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Pathstone Mental Health – www.pathstonementalhealth.ca

Children’s Mental Health Agency providing a variety of evidence based services to Niagara area residents under 18 years of age and their families.

Cost: Services are at **no cost** and referrals go through Contact Niagara.

Pathstone Mental Health also has a Crisis Services

Playful Solutions ~ www.playfulsolutions.ca

Liz provides a comfortable and safe environment to help children and families heal through child psychotherapy and play therapy.

Cost: Fee for service

Contact: Liz Christie, 905-992-9283, playful.solutions@yahoo.ca

Sandra Kesselman-Hardy—www.niagaracounselling.com

The primary focus is on cancer, bereavement (grief) and loss.

Cost: Fee for service

Contact: Sandra Kesselman-Hardy by 905-468-4632, sandra@niagaracounselling.com

Soul Journeys Healing and Companionship - <http://www.souljourneyshealing.ca>

Offering bereavement care, Reiki healing energy treatments and palliative massage, Merri-Lee often combines services to help improve physical, emotional, spiritual and psychological quality of life for the living, the dying, and the grieving

Cost: Fee for service

Contact: Merri Lee Agar, 905 327 0995, info@souljourneyshealing.ca

The Power of Pets with Marybeth Haines ~ www.powerofpets365.com

Provides a FREE book on healing from the loss of a pet, including a free accompanying 5 week online support program.

Cost: Free for downloadable book. Alternate customized grief healing programs available for a fee.

Contact: marybeth@powerofpets365.com 905-931-5159

Grief Network Niagara is a network of professionals, organizations, businesses and volunteers who provide bereavement support and/or counseling to individuals who are grieving the death of a significant person in their lives. This includes paid professionals (counselors, psychiatrists, art therapists etc. who provide specialized counseling in bereavement etc.), funeral homes, palliative care workers, community organizations, representatives from the public and catholic district school boards, and volunteers who provide bereavement support in the community. The main purpose is to share information about services offered, information, resources and to increase awareness about grief and bereavement support in the Niagara region.



***Disclaimer:** This compiled list of resources is for general information purposes only and does not provide an endorsement of these services by Grief Network Niagara. As a result, Grief Network Niagara is not liable for any consequences resulting from the use or misuse of the information or services listed within this publication. Potential clients and helping professionals are encouraged to carefully review services to determine appropriateness of fit for their / their client's needs.*